



SAINT MARK
Catholic Church

EMMAUS

Thank you for your interest in attending the Women's Emmaus retreat at St. Mark the Evangelist Catholic Church. For many women, the Emmaus retreat has been a life changing experience, and we pray it will be the same for you! We look forward to sharing the weekend with you.

RETREAT LOCATION

Morningstar Renewal Center

7275 SW 124th St, Miami, FL 33156

SCHEDULE

The retreat begins Friday evening at 5:00 PM and ends Sunday afternoon with a friends and family celebration during the 5:00 PM Mass at St. Mark Catholic Church.

COST

To cover the basic cost of the retreat, we request \$220.00 donation, but financial hardship is not to stand in the way of growing closer to God. Please let us know of your situation.

WHAT TO BRING

- Personal Items: towel, deodorant, soap, shampoo, toothbrush & paste, razor, hair dryer, etc.
- Bedding items: twin-size sheet set, pillow, blanket, and ear plugs (optional)
- Attire: comfortable and casual--include a jacket/sweater and black slacks/jeans for Sunday Mass

WHAT NOT TO BRING

- Electronics: cell phone, tablet, computer, games
- Reading materials: newspapers, magazines, paperwork, etc.
- Watch or anything else that will distract you from the experience

FREQUENTLY ASKED QUESTIONS

What is an Emmaus Retreat for Women?

It is a spiritual retreat led by the women of St. Mark the Evangelist Catholic Church, providing the opportunity for individual spiritual growth and community building.

Is this another one of those programs for super religious people?

Not at all. It is a relaxed weekend offering attendees the chance to bond with others by sharing life's experiences.

What happens during the weekend?

Talks are given by different women from the parish. No lectures. No assignments. Each speaker shares her life in a personal way.

Why should I attend the St. Mark Women's Emmaus Retreat?

You will have the opportunity to discover, or enrich, your relationship with God. In addition, you will have the chance to meet at least 30 new women and make very close Christian friends.